



Career, Major and Education Planning System

FOCUS 2 is an online interactive, self-guided career and education planning system designed to help you make decisions about your future career goals and education plans.

FOCUS 2 will guide you through an interactive process to:

1. Assess your career planning readiness, work interests, values, skills, personality type and leisure time interests.
2. Discover occupations that match your personal preferences and attributes to broaden your career options.
3. Decide which career fields, majors and training programs are best for you.
4. Plan for career relevant experiences during your college years such as internships, study abroad, work experience, volunteering, and building a network of contacts.
5. Plan the career and educational pathway that will support your personal needs and goals.

Getting Started

1. Watch this [tutorial](#).
2. Visit the Focus 2 login page at <http://tinyurl.com/bccfocus2>
3. Click **Register** to create an account.
4. Scroll to the “**Self-Assessment**” section.
5. Complete the 4 assessments: *Work Interest*, *Values*, *Personality*, and *Skills*. Each of them takes approximately 10-15 minutes. You do not need to complete them all in one sitting. In fact, you can start and stop as you wish. Please note: Being tired, grumpy, etc., may impact the results. Therefore, try to take these when you are most energized.
6. After you’ve completed all 4 assessments, click on **Combine Assessments**.
7. Click the assessments you want to combine.
8. Focus 2 will generate a list of occupations that are compatible with 2 or more the assessments.
9. **Tip:** While Focus 2 provides occupation data, we recommended using [O*Net Online](#) and/or the [Occupational Outlook Handbook](#) for more in-depth information.

No Interest in the Recommended Occupations?

Don’t worry! Assessments are not designed to pinpoint the absolute best choice for you. Rather, *they point you in a general direction*, as if putting you on a 5-lane freeway. For now, assume there’s a *reason* why those occupations were included (because it’s true). Use the information as a *starting point* for further inquiry. For now, stay on your 5-lane freeway. The lanes will soon narrow from 5 to 4, 3, 2, and 1 lane. Before you know it, you’ll find the exit to your dream career. The key is *persistent outreach*. Get out and talk with people. (Remember: the internet provides information whereas people provide *the scoop*.)

Need help? Please call Career Services at (774) 357-2959 or email us at CareerServices@bristolcc.edu.